



Gratitude Journal



DATE:



*“I awoke this morning with devout thanksgiving for my friends,
the old and the new.”*
~ Ralph Waldo Emerson

Multiple horizontal green lines for writing.

DATE:



*“For my part, I am almost contented just now, and very thankful.
Gratitude is a divine emotion: it fills the heart, but not to
bursting; it warms it, but not to fever.”
~Charlotte Bronte*

DATE:



*“I would maintain that thanks are the highest form of thought;
and that gratitude is happiness doubled by wonder.”
~G. K. Chesterson*

DATE:



*“Enjoy the little things, for one day you may look back and realize they were the big things.”
~Robert Brault*

A series of 15 horizontal green lines for writing, spaced evenly down the page.

DATE:



*“He is a wise man who does not grieve for the things which he
has not, but rejoices for those which he has.”*

~ Epictetus

DATE:



“The heart that gives thanks is a happy one, for we cannot feel thankful and unhappy at the same time.”

~ Douglas Wood

DATE:



*“Piglet noticed that even though he had a Very Small Heart, it
could hold a rather large amount of Gratitude.”*

~ A.A. Milne

DATE:



“Gratitude is not only the greatest of virtues, but the parent of all others.”
~ Marcus Tullius Cicero

A series of horizontal green lines providing a space for writing.

DATE:



*“The soul that gives thanks can find comfort in everything; the
soul that complains can find comfort in nothing.”
~Hannah Whitall Smith*
