



## Cloth Napkins



### Supplies:

- Fabric – each napkin will require 16-1/2” . You can get 4 napkins out of 1 yard of fabric
- Matching Sewing Thread
- If decorating with Embroidery, you will need:
  - Embroidery Hoop
  - Embroidery Thread
  - Embroidery Needle
- 2 yards of lace or decorative trim, If using it for the edges
- Scissors

### Optional:

To make it even quicker and easier to cut out my handmade cloth napkins, I use:

- Self-healing cutting board
- 16-1/2” x 16-1/2” square template
- Rotary cutter

**Directions:**

For each napkin:

Cut your fabric 16-1/2" x 16-1/2".

Starting on one side, fold the point of each corner towards the center to 1". Using a hot iron, press into place.

Beginning on one side, fold one edge over 1/4" and press. Repeat with the remaining sides.

Starting with the first side, fold the fabric over another 1/4", checking to make sure your edges match to form a mitered corner, and press. Again, repeat with remaining sides. Pin the folded edges.

Using a sewing machine threaded with a coordinating thread, place your needle 1/4" from the edge of each side. Sew along the edge, keeping your seam 1/4" from the edge, and stopping within 1/4" of the next corner edge. Turn, and repeat with the remaining sides, ending 1/4" from the edge and where you began.

Trim any loose threads. On the backside, gently trim off the excess fabric from the tips of the corners that were originally pressed down and are showing under the seams.

**Washing Your Handmade Cloth Napkins**

For the first washing, gently hand wash your napkin in slightly warm water with a mild detergent. Gently wring out as much water as possible. Place on a large towel, leaving at least 2" from the top of the towel. Fold the top of the towel over the first napkin, then roll the towel up until all the napkins are enclosed. Give the towel roll a twist.

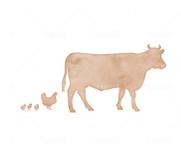
Unroll the towel and allow the napkins to air dry until they are still slightly damp. Using a hot iron, press the napkins. Set aside to allow them to completely dry.

Depending on the fabric you choose, you may then wash them in a normal wash cycle once they have been used.

If you are using Embroidery or lace trim:

You can embellish your handmade cloth napkins with embroidery once they have been completed. Measure 1/2" to 1" from the edge or, if only decorating a corner, 1" from each edge.

If you are adding lace to the outside edge, measure at least 67" of lace. Pin the lace to the napkin when pinning your seams. Be sure to make a 'tuck' or fold (called mitering) the trim to make a sharp point at each corner to allow the lace or trim to lie flat.



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